THE SPA



FINCA CORTESIN

A SANCTUARY OF RELAXATION

OUR EXCLUSIVE SPACE
DEDICATED TO RELAXATION, BEAUTY AND WELLNESS
FOR THE MIND, BODY AND SPIRIT



THE SPA

An Oasis of Luxury

TREATMENT

2.200 m² of Treatments and Massage Zones

THERMAL

Spacious area facing Outside Gardens

OUTDOOR POOL

30 m & 50 m Outdoor Swimming Pool

INDOOR POOL

25 m Indoor-Heated Swimming Pool

SNOW CAVE

Exclusive Snow Cave, Unique in Spain

FITNESS

State-of-The-Art Fitness Area

A SANCTUARY OF RELAXATION

HOME TO 2.200 M² OF TREATMENT AND MASSAGE ZONES,
THERMAL AREAS, 25M INDOOR-HEATED SWIMMING POOL AND 30 M & 50 M OUTDOOR SWIMMING POOL,
AND STATE-OF-THE-ART GYMNASIUM.

THE SPA

An Oasis of Luxury

Finca Cortesin offers three thermal areas: male, female and unisex, with a steam bath, Finnish sauna, relaxation area, plunge pool at 10 degrees. There is also a 25m indoor heated saltwater swimming pool overlooking the Andalusian hills and the Mediterranean Sea, through large panoramic windows that fill the room with natural light.

THE TREATMENTS

Indulge in the treatment you deserve

Our team of experienced therapists and professional masseurs have created a diverse menu of face and body treatments using Biologique Recherche and Seed to Skin Tuscany products, massages and foot and hand care, all of which are tailored to each individual's needs. There are 12 treatment rooms: eleven individual treatment rooms in total, including four designed for Oriental treatments, one designed for hand and foot treatments, and a double suite for couples.

ORIENTAL INFLUENCE

A Wind from the East

Enjoy the stunning Thai Spa area, comprising of 4 treatment rooms built exclusively for a selection of oriental massages and treatments, which our professional team from Asia has prepared to make your stay at Finca Cortesin even more unforgettable.

All of the treatments are based on ancient techniques from different Asian countries, whose objective is to relieve stress and psychosomatic imbalances. These techniques try to find the perfect balance between body and mind, and provide a profound sense of relaxation and well-being.



CONTENTS

13
BIOLOGIQUE RECHERCHE

19
SEED TO SKIN TUSCANY

25
TRADITIONAL MASSAGES

29
ORIENTAL MASSAGES

35
SALON TREATMENTS

37
NAIL CARE

39
HAIR SALON

43
FITNESS

45
HOW TO SPA

48
GIFT VOUCHERS


LAIT E.V.
PHASE D'INITIALISATION
BIOLOGIQUE RECHERCHE
LAIT E.V.
PHASE D'INITIALISATION
BIOLOGIQUE RECHERCHE

BIOLOGIQUE RECHERCHE FACIAL & BODY TREATMENTS

Biologique Recherche offers unique treatments, the result of a meticulous combination of specific massage techniques and ingredients in their purest state.

"Our body is a perfect and delicate machine that must be treated with extreme care."

These treatments were created to regenerate, moisturize and treat skin concerns using a wide range of ingredients such as thermal seaweed extracts, oils, plant-based compounds, brewer's yeast, clay and more. Each of our treatments is defined by passion and expertise.

BIOLOGIQUE RECHERCHE
PARIS

FACIAL TREATMENTS

PERSONALIZED FACIAL
80'

Our specialists tailor the treatment to your skin's needs. A personalized approach for optimal results and balance.

COLLAGEN FACIAL
80'

Deeply moisturizes and firms the skin while helping to close pores. A lifting, brightening anti-aging facial to restore radiance.

OXYGENATING VIP
50'

Biologique Recherche's essential treatment deeply cleanses the skin. Enhances absorption, hydrates, soothes and boosts effectiveness.

RESTRUCTURING
50'

Activates cell renewal while regenerating and moisturizing. Restructures and strengthens skin tissue for improved resilience.

MY OXY SKIN by beOxy
80'

Advanced exfoliation and oxygenation to revive the skin. Hydrates, smooths lines and enhances a radiant, even glow.

PHOTO NEEDLE
50'

Stimulates collagen and elastin to rejuvenate the skin. Smooths lines, improves texture, reduces scars and hydrates.

EYE OR LIP TREATMENT*
Add-on

Hydrates and helps prevent wrinkles around eyes and lips. Available exclusively as an add-on to facial treatments.
**Sold only as an add-on to 50' or 80' facial treatments.*

BODY TREATMENTS

MIRACLE TOUCH*
80'

The jewel in the crown; a combination of Modelling and Lymphatic Drainage techniques.

MAGICAL TIME
80'

Your therapist will create a luxury body treatment appropriate to your specific needs.

SOIN MINCEUR*
80'

Slimming and Detox.

ANTI-CELLULITE BODY TREATMENT
50'

Stimulating action reduces and prevents the formation of cellulite.

RENEWAL SCRUB OXYGENATING VIP 02
50'

For cell renewal and softer skin.

* Add specialized beOxy technology.
Añade tecnología especializada beOxy.





SEED TO SKIN TUSCANY

THE PERFECT HARMONY BETWEEN BEAUTY AND WELL-BEING.

Seed to Skin is a Tuscan skincare brand renowned for its use of the finest natural, organic, and wild ingredients. Extracts from these sources are delivered through an advanced molecular system calibrated to penetrate the deepest layers of the skin.

Our core treatments are meticulously curated through personalised consultations, ensuring that the chosen rituals and skincare range precisely address your skin's unique requirements.

FACIAL TREATMENTS

REVERSE - THE REVERSE SIGNATURE
80'

Experience the age-reversing power of our high-performance facial signature treatment. A multi-functional day treatment paired with Cryotherapy for a youthful, lifted, sculpted appearance.

THE BESPOKE - THE DEEPLY HYDRATING
50'

Revitalize the skin with our restorative treatment, enhancing hydration, volume and brightness. A Bespoke treatment that targets your specific concerns, combined with a Myofascial massage to sculpt and lift, complemented with a hydrating complex for a radiant result.

BODY TREATMENTS

THE COCCON - FACE & BODY RITUAL
80'

Soothing, nurturing, invigorating. Experience a sensory journey with a gentle body brush, our Signature Candle Massage, and a nourishing body wrap with argan oil, shea butter, vanilla rose, and oud wood. While cocooned, you'll enjoy a Facial Ritual designed to stimulate cellular regeneration and promote radiance for lasting well-being.

THE AWAKENING DETOXIFYING ALGAE MARINE SALT BODY SCRUB
50'

Energising, cleansing, restoring. A revitalizing body treatment with mineral-rich sea salt, spirulina, shea butter, and essential oils to boost circulation, detoxify, and exfoliate. Personalized probiotic body balm application enhances relaxation, soothes, and deeply nourishes the skin.





TRADITIONAL MASSAGES

Spa Finca Cortesin is pleased to offer you a wide range of massages tailored to your personal preferences.

To enhance the benefits of your massage, essential oils may be incorporated to help alleviate tension, relieve stress, and support the body's natural healing.

KOBIDO
50’

“The ancient path of beauty”
Anti-aging facial massage. An ancient Japanese facial technique that reduces wrinkles, sagging and brightens the face. Visible results from the first session. Immediate lifting effect.

LYMPHATIC DRAINAGE
50’

This treatment improves circulation with specific movements that use gentle pressure to reduce fluid retention and is aimed at reducing cellulite, regenerating tissue, improving the skin’s appearance and toning.

SPORT
50’ — 80’

An active and energizing massage shown to improve muscle flexibility and reduce tension, full body, or targeted at a specific muscle group.

CRANIO FACIAL
25’ — 50’

A focused treatment that helps eliminate stress and tension built up in the face and neck.

RELAXING AROMA
50’ — 80’

A gentle massage using essential oils, recommended to reduce stress.

PRE – POSTNATAL
50’ — 80’

Nurturing and restoring care for new or expecting mothers, brings total comfort and relief. Only after 12 weeks.

THERAPEUTIC
25’ — 50’

Deep massage that helps relieve pain and muscle tension.

SHIATSU
80’

This massage applies pressure with fingers and palms. It helps to correct body imbalances, improve and maintain overall health, and contributes to the relief of symptoms such as muscle aches and pain, stress, nervous system afflictions. It follows the principles of acupressure, energy and meridians.

CORTESIN SPA CEREMONY

Time for Two
110’

Unwind in our Spa Suite with your loved one, including a relaxing bath, champagne, fruits and customized body massages for two.



ORIENTAL MASSAGES

A complete sensory experience inspired by holistic Asian healing traditions.

Enjoy massages based on ancient techniques from various Asian countries, designed to relieve stress and psychosomatic imbalances. These techniques aim to restore balance between body and mind and offer a deep sense of relaxation and well-being.

FUSION MASSAGE
80' — 110'

This massage is a fusion between occidental, contemporary concepts and oriental philosophies, combining both therapeutic and holistic massage. The result is a new and different massage experience.

TRADITIONAL THAI
50' — 80' — 110'

Thai massage is performed in Thai pyjamas, without oil and with stretching techniques. It is a deep bodywork that helps to restore our vital energy and to rebalance our physical, mental and emotional well-being. The techniques used are passive pressure and stretching techniques that relieve pain and stress. Hands, fingers, elbows, forearms, feet and knees are used.

BALINESE
50' — 80'

A traditional Balinese healing therapy that works deeply into muscle tissue while remaining pleasantly gentle. Its main characteristic is a powerful relaxing, therapeutic, and restorative effect. Performed on a massage table using the forearms, with medium pressure and warm oil.

HAWAIIAN LOMI LOMI
50' — 80'

This ancient Hawaiian massage technique is performed with the hands and forearms using warm coconut oil. Its fluid movements, which imitate the flow of ocean waves, will envelop and gently rock you, creating a deep sense of relaxation and balance for body and mind.

THAI FOOT ACUPRESSURE
25' — 50'

The ancient Chinese practice of reflexology has developed into a modern holistic therapy to relieve pain and stress. This treatment is based on the belief that all parts of the body are represented in the hands and feet. Physical and emotional pain is detected, prevented and improved through digital pressure, thus achieving an optimal functioning of the body.

HERBAL POUCH ORIENTAL
80'

Herbal pouches have been used as an ancient healing system for alleviating chronic problems, such as back and body pain, for many centuries in Thailand. Relieve sore muscles, stimulate circulation, as well as increasing vital energy flow.

HOT STONE THAI THERAPY
80'

Geothermal therapy combines the traditional therapeutic massage with the application of volcanic stones to the skin at different temperatures, in order to facilitate the flow of vital energy and thus alleviate physical and emotional disorders.

ORIENTAL HARMONY
80'

Inspire your senses with this sublime four-hands experience.



NAIL CARE

Enjoy a nail treatment which is both a relaxing and luxurious experience. We use CND Beauty, for the modern man and woman who seek the meticulous care of their hands and feet.

MANICURE

A quick but thorough hand treatment, including nail filing, moisturizing, and polish application.

LUXUS HAND MANICURE

An indulgent and complete hand ritual featuring a relaxing scented cushion, an aromatherapy bath, scrub, nail file, glove mask, and finished with a hand and arm massage.

PEDICURE

Foot treatment that includes nail filing, removal of hard skin, moisturizing, and polish application.

LUXUS HAND PEDICURE

An indulgent and complete foot ritual featuring a relaxing scented cushion, aromatherapy bath, hard skin removal, scrub, nail file, glove mask, and a finishing foot massage...

MANICURE & SHELLAC PEDICURE

Prolong the life of your manicure or pedicure with Shellac polish, which can last up to weeks using a specially formulated, chip-free, extended-wear nail polish.


AVEDA
botanical repair.
AVEDA
botanical repair.
AVEDA
botanical repair.
AVEDA
botanical repair.
AVEDA
botanical repair.
AVEDA
botanical repair.

HAIR SALON BY AVEDA

A beautiful way of living in the world. 100% vegan, naturally derived high-performance formulas.

SHAMPOO & BLOW DRY

HAIRCUT

HAIR UP

MAKEUP

AVEDA




TECHNOGYM

FITNESS

A spacious area with five-meter-high ceilings,
naturally lit through large windows overlooking the gardens.
This is a place where physical activity becomes a wellness experience.

The gym offers a full range of cardiovascular and strength-training
equipment, the latest technology, and individual screens.
Classes such as Pilates, yoga, and body toning are also available.
Individual or small-group personal training sessions can be arranged
upon request.

TENNIS & PADDLE

PERSONAL TRAINING

YOGA

PILATES



HOW TO SPA

We welcome you to the Spa and kindly remind you
that our environment is one of privacy and calm.
Please respect this to ensure the best possible spa experience.

SPA ETIQUETTE

The Spa is a place of privacy and tranquility.
Please respect this to achieve the utmost spa experience.
Spa users are requested to switch mobile phones to silent whilst visiting the facilities.

SPA DRESS CODE

Please wear appropriate clothing and footwear in the Spa.
Robes, slippers, disposable underwear, towels, toiletries, lockers, showers, hairdryers, amenities and refreshments are provided free of charge for your convenience during your visit to the Spa.

Swimsuit are required for the pool area and the thermal area.
(Sauna, Steam bath and Plunge pool)

CHECK IN SPA

You may arrive up to 45 minutes before your treatment to enjoy the thermal Spa experience.

HEALTH CONDITIONS

Please inform the Spa team in case you are suffering from any health conditions which could affect your Spa experience.

PREGNANCY

We have specially designed treatments for expectant mothers.
Please allow our Spa team to guide you when selecting which treatments are most suitable for you during this special time.

POLICY CHILDREN

In order to preserve the relaxing ambiance of our Spa and provide the very best service, we inform that hotel guests under 15 years of age are not allowed to use the Spa facilities except within the following hours, 11 am to 3 pm. External guests under 15 years of age are not allowed access.

SPA AT HOME

To continue your Spa experience at home, all Spa products used in the treatments are available for purchase from the Spa reception.

CANCELATION POLICY

Please, note that the treatments are subject to the following cancellation policy:
Cancellations or modifications less than 4 hours, and no shows, total amount will be charged.
Cancellations or modifications within 12 hours will be charged.

SPA ENTRANCE

The use of the Spa facilities and the thermal Suite is complimentary for all hotel guests.
Spa treatments and programmes are available upon advance booking.

TREATMENTS RESERVATION

Advanced bookings for Spa treatments are highly recommended to avoid disappointment.
Please contact the Spa reception for any assistance you may need.

EXTERNAL GUEST

External guests may also visit the Finca Cortesin Spa.
Spoil yourself with a day at one of the most exclusive resorts in Southern Spain.
All Spa treatments and programmes are available for external guests, as well as the use of the Thermal Spa experiences.

External guest bookings must be secured with a credit card and advanced booking.

Gift Vouchers

Finca Cortesín Spa Experience

Gift vouchers are available for any Spa treatment, day programme or Spa products and make an ideal present for someone special.

Gift vouchers are non-refundable and must be presented at the time of treatment or purchase.

FINCA CORTESIN

CTRA. CASARES, KM 2 29690 – CASARES, MÁLAGA (SPAIN)
+34 952 93 77 79 SPA@HOTELCORTESIN.COM

FINCACORTESIN.COM

PHOTOGRAPHY

Giorgio Baroni
Iker Basterretxea
Thierry Bouët
Mireia Cordoni

EDITED BY

® *Finca Cortesin*

NO PART OF THIS CATALOGUE MAY BE REPRODUCED OR TRANSMITTED IN ANY FORM OR BY ANY MEANS (ELECTRONIC OR MECHANICAL, INCLUDING PHOTOCOPYING, RECORDING OR ANY INFORMATION RETRIEVAL SYSTEM) WITHOUT PERMISSION IN WRITING FROM THE ®FINCA CORTESIN

FINCA CORTESIN

CTRA. CASARES, KM 2 29690 – CASARES, MÁLAGA (SPAIN)
+34 952 93 77 79 SPA@HOTELCORTESIN.COM

FINCACORTESIN.COM